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ISR STAR Swimmers

UNFORTUNATELY DROWNING DOESN'T HAVE A SEASON
ISR LESSONS KEEP YOUR KIDS SAFE ALL YEAR LONG



Family Swim Time

Has your family grown since your little one completed ISR swim lessons? Now is the perfect time to enroll siblings in lessons before time slots get hectic in the spring. I also offer lessons for big sisters & brothers to teach them how to safely swim with the whole family!

✧ Happy New Year ✧

I hope your family enjoyed a happy and healthy holiday season. I wish you and yours the best for a safe and prosperous new year. To start the 2013 year off right here is some exciting news...

CHILDREN WHO SWIM START SMARTER

According to Science News Daily children who learn to swim at a young age are reaching many developmental milestones earlier than the norm. Researchers from the Griffith Institute for Educational Research found that as well as achieving physical milestones faster,

children also scored significantly better in visual-

motor skills such as cutting paper, coloring & drawing lines & shapes, and many math-related tasks. Their oral expression, literacy &



numeracy were also better. www.sciencedaily.com/releases/2012/11/121116124603.htm

Heated, Indoor Pool Boca Raton YMCA

Winter Break - Stroke, Small Group & Maintenance Lessons
s.bense@infantswim.com

The weather may be getting colder but the Boca Raton YMCA indoor pool is nice & toasty! Don't wait until the spring to schedule refresher lessons (offered Jan 2 - March 1, 2013). Winter Break stroke & small group lessons

(former ISR students) are available throughout Jan. Space is limited!
561-866-8371

